



EASTER NEWSLETTER 2019

Competitions

Winter Star Challenge

We took 5 gymnasts of various ages & levels to this invitational competition for the first time and all gained many medals performing some fab routines. Well done; JoJo, Oli, Amelie, Rose & Rebecca.

English Championships

Rebecca M is the first WHGC gymnast to ever be entered into the English Championships, she competed many new skills including our first shoot down on bars and a double back landed on the floor. She finished the competition in 53rd place out of 90 of the best 14/15 year olds in the country. Well done Rebecca.

County Boys Individual Apparatus

Many boys were competing at county for the first time, all boys did us proud and lots of medals were won overall & on apparatus.

GFA U10 – Dylan 2nd & Dominic 3rd

GFA U8 – Freddie 3rd

Jun U15 – Milo 3rd

Jun U13 – Oliver D 3rd

Jun U10 – Isaac 2nd

Open – Blake 1st, Leo 2nd & Alex D 3rd

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We hope you all enjoyed your Easter break, it's hard to believe we are over a quarter of the way through the year already, and so much has already happened here at WHGC. From setting up our young leaders' program to having our CantiLever equipment installed.

TESCO's community grant scheme

At the beginning of April we had some fantastic news regarding our charity box in the Tesco Bags of help appeal, we are so grateful to our members at WHGC, the members of the public and Tesco Wragby Road for helping us win the amazing £4,000, helping us get closer to achieving our Pit Socks goal.

Badges & Open Week

Our British Gymnastics Proficiency awards (BAGA) are generally run on week 2 & week 6 of our 8 week blocks. The next badge week is scheduled to be on the 13th May, due to many children being off over Easter (and not wanting to miss out on badges!).

Club Competition...

Our annual club competition event is taking place on the 29th—30th of June, entries will be open from the 1st of May. You will be required to log on to your Love Admin account and click on your optional extras, select Club Competition 2019 and pay the £15 entry fee. Paying the entry fee automatically enters your child into the competition, and includes a club t-shirt to commemorate the competition, which they will receive on the day.

Monday evening classes

As Monday nights have often been an issue with gymnasts going home with the wrong coats, lost property etc. We have decided to use both cloak rooms as we do already on Tuesdays & Fridays (when boys are not in). Please remind your gymnasts of the following; Beginners & Recreational 2 use the one closest to the gym, Recreational 1 use the one closest to the office.

Design a leotard competition



Recently we held another design your own leotard competition, these designs were sent off to Jemma from Fantasy leotards for her to choose the winners, the winners are as follows;

10 & Under

1st – Gia Reeve

2nd (girl) – Lexie MacDonald

2nd (boy) – Fabian Jones

11 & Over

1st – Holly Rayner

2nd (girl) – Hannah Gibson

2nd (boy) – Sam Perkins

Thank you to all the gymnasts who entered, we at Witham Hill and Jemma from Fantasy leotards were blown away by your imagination & creativity, and to top it off you helped us raise over £200 to put towards our pit socks fund.

WA Regional Grades

Niamh S, Sophie R, Sophia Z, & Emma F competed well all gaining a commended (scoring over 55 marks). Rose W competed at regional grade 2 in-age gaining a commended and 6th place. Melissa S competed at regional grade 2 out of age gaining a commended and a silver medal.

Regional Grades 6,5 & C5

Fleur P, Evie T-H, Beatrice C, Niamh J & Lily A all gained commended. Katie G, Imogen F & Viktoria M achieved distinctions. While Jo-Jo received a distinction, 5th place and a spot on the East Midlands squad at compulsory 5 and Shyla-Bay achieved a distinction and 5th place at regional grade 5.

Upcoming Competitions

28th April - National & Compulsory grades qualifier

12th May - MA Floor & Vault Team

12th May - Compulsory grades National Finals

19th May - WA County Level 6 & 7

26th May - National Grades Finals

9th June – WA Club Teams & Disabilities NCQ.

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100 Club

We are in the process of moving all our existing members over to our Love Admin system. If you are still paying via our old standing order method, then please check your emails to set up your new direct debit through Love Admin and cancel your old standing order with your bank.

If you are a parent/carer/coach etc over the age of 16 and wanting to join, then please visit our website, click the 'more' button and select 'WHGC 100 Club', fill out the form and select pre-authorise direct debit. It's really that simple to set yourself up and be in with a chance of winning the monthly prizes; 1st prize £50, 2nd prize £20 & 3rd prize £5.

Summer School Information

Summer school is run here at WHGC every year, it is aimed at recreational gymnasts and lower level squads who train 6 hours or under per week. This year summer school is going to run from the 22nd – 26th of July and will cost £18 per day or £85 for the full week.

Similar to the Easter eggs-tra we will be giving you food options of; pack up (from home), a cold food (£3 extra) or hot food option (£4 extra) from the café, you will be required to order this on booking. Summer school will be available to book on your optional extra tab of your Love Admin account from the 8th of May.

There will be limited spaces available, as we have to attain a certain coach to gymnast ratio, however we will open a waiting list once all the spaces have been filled which will also be visible on your Love Admin account once all the spaces have been filled.

My Leadership Academy



The aim of WHGC's Leadership Academy is to promote active young volunteers within our sport, to help them gain confidence and skills within: coaching, judging, dealing with people, organising & helping at events and team work.

There are many benefits associated with following the MY Leadership Academy program including; improving your CV, make connections, develop personal skills, gain a reference for the future and many more.

To become a Young Leader, you will need to be between 13 – 20 and able to volunteer some time on a regular basis. You will be given opportunities to learn and gain qualifications/ experience, to gain Bronze, Silver and Gold awards.

If you are interested in joining our Leadership Academy then please email Jamie your details.

Coaching Success

Well done to two of our helpers Jasmine Gillett & Katie Scurr who have recently become qualified level 1 coaches. Thank you to all the gymnasts that have helped the coaches pass their exams.

Also a huge well done to our club manager Alisa Saunders who recently ran the 10k for Sophie's Journey (a charity very close to our hearts) and for WHGC Fundraising, she raised just over £400 and ran a personal best time of 58.14.

Contact details

General Enquiries: info@withamhillgymnastics.co.uk

Coaching Enquiries: Jamie@withamhillgymnastics.co.uk

Payment/membership Enquiries: alisa@withamhillgymnastics.co.uk

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