

British
Gymnastics

2023
Women's Artistic
Classic Challenge Championships

Revised 23/05/2021 – Zinc bar clarification

Revised 06/09/2021 – Zinc beam mount clarification

Revised 12/03/2022 – All levels

Revised 21/08/2022 – Zinc & Copper bars

Revised March 2023 – All Levels

Revised May 2023 - Clarification to All Levels

Revised 17/05/2023 – Philosophy, Tin & Copper Clarification

WOMEN'S ARTISTIC CLASSIC CHALLENGE CHAMPIONSHIPS RULES 2023

Philosophy

This new competition pathway was devised in 2019 and introduced in 2021, when we returned to competitions after Covid-19, to bridge the gap between FIG and Regional level gymnasts. It is hoped that this competition pathway will become an integral part of British Gymnastics Women's Artistic programme.

The underlying principle of the Classic Challenge Championships is for competition based on ABILITY rather than AGE. The Classic Challenge Championships is about inclusion, a level playing field, fair play philosophies, and is pro-choice. This category must not be deemed to be "lesser" or of a "lower class", and coaches, judges, gymnasts and parents are discouraged from framing it that way.

The overriding aim is to allow the vast majority of WAG Gymnasts a meaningful competition structure that is ACHIEVABLE FOR ALL. The new structure will allow gymnasts who train less hours per week to fulfil the rules within their ability level and receive a score which promotes self-value, self-worth and pride in their achievement, whilst giving an additional opportunity for these gymnasts to represent their region at National Finals.

Gymnasts will be able to compete at the Classic Challenge Championships if they have not competed at British Championships or a compulsory level competition in that year. Competing in Home Nations Championships & Club Team Championships does NOT exclude a gymnast from also competing in Classic Challenge Championships. Gymnasts competing in compulsory levels will still have National Voluntary Levels which will be reviewed annually.

Introduction

For the past few years, WTC has been looking at ways to address the mandated reduction of gymnasts at the British Championships, yet also meet the demands of the vast increase in membership. In addition, keeping clubs in business, keeping gymnasts in the sport, and continuing to build tomorrow's coaches and judges has needed careful consideration. A working group was commissioned towards the end of 2019, to take on this much needed body of work.

It can be stated that the current WAG competitive system in the UK is primarily based on FIG rules, but for all sorts of reasons most gymnasts cannot sustain or manage Bars, and/or cannot develop Vault beyond a certain point or make an international standard. The FIG Code is made for international level gymnasts. This then leaves a large majority of competitors needing a more realistic and less demanding way of competing and enjoying performing.

As a result, a new domestic "code of points" has been created to address these challenges, yet still allow for exceptional talent or late starters to emerge. This new code has been created to address these and other challenges. The code is based largely on FIG rules and directives, but aims to provide more choice and variety through modified requirements and additional skills.

This is a new competitive category that aims to keep these gymnasts in the sport, have a Regional Team National Final Championships at the upper levels that they can strive for outside of the British Championships, and that values them in such a way that they consider their long-term involvement in the sport. *These aims can be met through increased variety for a more personal and suitable choice of compositional requirements*, thereby reducing potential stress and injury. Considering the impacts of Covid-19, every effort has to be made to keep gymnasts in the sport, and so save the clubs. Our hope is that this code, *and its continued modifications*, contributes to those efforts.

Framework

These new rules fall under the new "Classic Challenge" heading. An annual review with the WTC Working Group will occur to make any necessary changes. *The working group will be headed by WTC and changes, where needed, will be made annually in consultation with regional chairs and will take into consideration and incorporate all feedback received from coaches & judges throughout the year, whilst protecting the integrity & flexibility of the whole WAG competition structure.*

So as to not require a whole new set of judging awards, the judging system is based on current FIG D and E evaluations with the addition of uncoded elements (*at certain levels*) being recognised as 'A' value skills and counted towards the start value of the exercise. Gymnasts have a choice of Compositional Requirements (CR) which have also been modified to reflect the difficulty level. It is hoped that by allowing a choice of CR's the gymnasts will be better able to work within their ability. Execution will remain as FIG (unless otherwise stated), encouraging clean, aesthetic work *whilst also allowing judging of routines to be standardized.*

Competition Structure

The different levels are called Tin, Zinc, Copper, Bronze, Silver and Gold Levels.

Tin & Zinc (8+ years) & Copper (9+ years) will be regional only levels and will not progress to National Finals. It is hoped that these new levels will enable regions to all work from the same rules for gymnasts that are not working to full FIG. *For 2023, an additional entry level competition has been added called 'Tin', this has been added following feedback and at the request of some regions to allow for a fairer competition at the lowest levels.*

Bronze (10+ years), Silver (12+ years) & Gold (14+) will progress to National Finals in format of a regional team consisting of 6 gymnasts at each level.

WAG CLASSIC CHALLENGE CHAMPIONSHIPS 2023

BG WTC
Updated 17/05/2023

TIN – 8 Years+ (County / Regional competition only)

<p>Uncoded = 0.10 A = 0.10 B* = 0.20 Moves of higher value are not permitted <i>*Dance elements only</i></p>	<p>Elements will be given Difficulty Value according to Rules & Regulations FIG Cycle 15 Code of Points [2022] Rules and Regulations are as FIG Cycle 15 Code of Points, unless stated otherwise. FIG Execution and Artistry Penalties will be applied. BARS/BEAM/FLOOR – 5 highest elements including dismount BEAM/FLOOR – 2 acrobatic + 2 dance + 1 optional FLOOR No acro lines required Elements higher than a B* are not allowed and no Difficulty Value, CR or bonus will be given if they are performed. Un-coded elements as listed below will be recognised and awarded 0.10 each unless stated otherwise Same element can only count once EXCEPT on Bars where an FIG Coded A element may be repeated once for Difficulty Value IMPORTANT At all levels, coaches and gymnasts should concentrate their efforts towards the accuracy of technical execution.</p>							
Short Exercises	<p>On Beam & Floor, an exercise with 4 elements or less will be deducted 1.00 for each missing element. On Bars, an exercise with less than 3 elements will be deducted 1.00 for each missing element.</p>							
	Vault	Bars	Beam	Floor				
Apparatus	<p>Piled mats to height of 60cm, 90cm or 120cm 1 x springboard</p>	<p>FIG Bars Regulations with: A safety mat (depth 20cm), and/or a jersey style mat (depth 10cm), can be moved/placed as needed, but must not block the judges' view.</p>	<p>A FIG Beam Regulations with: A jersey style mat (depth 10cm) is allowed for dismounts (optional).</p>	<p>FIG Floor Regulations except acro lines where no acro line are required. A routine with no acro lines will not incur dismount deductions.</p>				
Requirements	<p style="text-align: center;">DV 2.30</p> <p>Handspring Flat Back onto Pile of Safety Mattresses at a choice of 60cm, 90cm or 120cm to suit the gymnast.</p> <p>2.00 penalty for coach support. Applies to each vault.</p> <p>Best score of 2 performed vaults. (No deduction if only 1 vault performed)</p>	<p style="text-align: center;">Low Bar only routine</p> <p>A Gymnast should fulfil 3 of the 4 CR's (Maximum awarded 1.5):</p> <ul style="list-style-type: none"> ▪ Upstart (no penalty if stop after) ▪ Close bar circle element (back hip circle allowed) ▪ Cast to minimum horizontal ▪ A dismount coded or listed uncoded <p>A elements only allowed B/C/D or more – no DV or CR</p> <p style="text-align: center;">Maximum D Score 2.00</p>	<p>A Gymnast should fulfil 3 of the 5 CR's (Maximum awarded 1.50):</p> <ul style="list-style-type: none"> ▪ ½ spin on one foot ▪ Connection 2 Dance elements (can be same or different) ▪ Leap or jump with 180° split (cross or side) or straddle ▪ Acro element backwards (must be performed on the beam) ▪ Acro element forwards / sideways (must be performed on the beam) <p>A elements only allowed with the exception of B dance elements B*/C/D or more – no DV or CR</p> <p style="text-align: center;">Maximum D Score 2.30</p>	<p>A Gymnast should fulfil 3 of the 5 CR's (Maximum awarded 1.50):</p> <ul style="list-style-type: none"> ▪ Acro line with min 2 elements (non-flighted allowed) ▪ Mixed series minimum 2 directly connected elements ▪ A dance passage of 2 different leaps / hops – No split required ▪ Acro elements forwards / sideways & backwards (non-flighted allowed) ▪ Flighted Acro element <p>A elements only allowed with the exception of B dance elements B*/C/D or more – no DV or CR</p> <p style="text-align: center;">Maximum D Score 2.30</p>				
Uncoded Permitted Elements (receive 0.1 DV)		<p>Chin up circle over mount Cast to within 45° handstand Float swing (from board, back to board) Cast Straddle or pike on undershoot dismount from LB Squat on LB jump forwards to land as dismount</p>	<table style="width: 100%; border: none;"> <tr> <td style="width: 50%; border: none;">Tuck jump Stretched or arched jump Stretched jump ½ Changement ½ spin on one foot</td> <td style="width: 50%; border: none;">Forward roll Backward roll Cartwheel rebounding straight jump dismount Roundoff Dismount Handspring dismount Cartwheel to handstand drop down dismount (side of beam)</td> </tr> </table>	Tuck jump Stretched or arched jump Stretched jump ½ Changement ½ spin on one foot	Forward roll Backward roll Cartwheel rebounding straight jump dismount Roundoff Dismount Handspring dismount Cartwheel to handstand drop down dismount (side of beam)	<table style="width: 100%; border: none;"> <tr> <td style="width: 50%; border: none;">Cat leap ½ Scissor kick Tuck jump Changement Stag leap</td> <td style="width: 50%; border: none;">Backward walkover Forward walkover Tic-toc Backward roll to front support and / or handstand Backward roll with optional exit Cartwheel</td> </tr> </table>	Cat leap ½ Scissor kick Tuck jump Changement Stag leap	Backward walkover Forward walkover Tic-toc Backward roll to front support and / or handstand Backward roll with optional exit Cartwheel
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Cat leap ½ Scissor kick Tuck jump Changement Stag leap	Backward walkover Forward walkover Tic-toc Backward roll to front support and / or handstand Backward roll with optional exit Cartwheel							
Notes	No other vaults are permitted at this level.	See clarifications.	Any mount may be used Coaches are encouraged to be present for all dismounts, but must be present for any salto dismount	No Saltos are allowed at this level. No Acro line required				
Barred Elements		'A' or listed uncoded elements only permitted	Any acro elements above 'A'	No Saltos are permitted at this level.				

Additional Clarifications for Tin Level

Element recognition and deductions are as per FIG CoP unless the rules specifically state otherwise.

An element can be utilised to fulfil more than one CR (unless otherwise stated).

Listed uncoded elements can be used for DV, CR & Bonus and will be recognised with the same value as 'A' elements.

'A' value elements only are permitted at this level (**except 'B' dance elements on beam & floor**). Any higher value elements will receive NO DV or CR.

There are no bonus' at this level.

Vault:

- Only the specified vault may be performed.
- 1 springboard only allowed
- Additional modified 4 & 5 coil springboards will be available

Bars:

- **This is a low bar only routine.**
- Deductions as per FIG unless stated otherwise
- 3 elements only are required
- A routine with less than 3 elements will be deducted 1.00 for each missing element
- A float swing from board back to board does NOT carry a fall penalty if the gymnast releases the bar
- Gymnasts may start their exercise between the bars and dismount away from the bars.
- A safety mat (depth 20cm), and/or a jersey style mat (depth 10cm), can be moved/placed as needed, but must not block the judges' view.

0°	Handstand (0°) to 90°	No cast deduction With value (D panel)
No cast deduction		
90°	Below 90°	0.10 deduction No value (D panel)
0.10 No value		

Beam:

- 5 elements only are required – 1.00 penalty for each missing element
- A backward roll on one shoulder will class as a backwards element at this level.
- A jersey style mat (depth 10cm) is allowed for dismounts (optional).
- A forward roll will count as a forwards element for CR.
- 'B' **dance** elements only are permitted
- Coaches must be present for any salto dismount (or 1.00 penalty).

Floor:

- 5 elements only are required – 1.00 penalty for each missing element
- An acro element may be repeated without DV for purposes of fulfilling a mixed series
- 'B' **dance** elements only are permitted

WAG CLASSIC CHALLENGE CHAMPIONSHIPS 2023

BG WTC
Updated 02/05/2023

ZINC – 8 Years+ (County / Regional competition only)

<p>Uncoded = 0.10 A = 0.10 B = 0.20 Moves of higher value are not permitted</p>	<p>Elements will be given Difficulty Value according to Rules & Regulations FIG Cycle 15 Code of Points [2022] Rules and Regulations are as FIG Cycle 15 Code of Points, unless stated otherwise. FIG Execution and Artistry Penalties will be applied. BARS/BEAM/FLOOR – 6 highest elements including dismount BEAM/FLOOR – 2 acrobatic + 2 dance + 2 optional FLOOR No acro lines required Elements higher than a B are not allowed and no Difficulty Value, CR or bonus will be given if they are performed. Un-coded elements as listed below will be recognised and awarded 0.10 each unless stated otherwise Same element can only count once EXCEPT on Bars where an FIG Coded A or B element may be repeated once for Difficulty Value IMPORTANT At all levels, coaches and gymnasts should concentrate their efforts towards the accuracy of technical execution.</p>																											
Short Exercises	<p>On Beam & Floor, an exercise with 5 elements or less will be deducted 1.00 for each missing element. On Bars, an exercise with less than 4 elements will be deducted 1.00 for each missing element.</p>																											
	Vault	Bars	Beam	Floor																								
Apparatus	<p>Piled mats to height of 60cm, 90cm or 120cm 1 x springboard</p>	<p>FIG Bars Regulations with: A safety mat (depth 20cm), and/or a jersey style mat (depth 10cm), can be moved/placed as needed, but must not block the judges' view.</p>	<p>A FIG Beam Regulations with: A jersey style mat (depth 10cm) is allowed for dismounts (optional).</p>	<p>FIG Floor Regulations except acro lines where no acro line are required. A routine with no acro lines will not incur dismount deductions.</p>																								
Requirements	<p style="text-align: center;">DV 2.50</p> <p>Handspring Flat Back onto Pile of Safety Mattresses at a choice of 60cm, 90cm or 120cm to suit the gymnast.</p> <p style="text-align: center;">Or</p> <p style="text-align: center;">DV 3.00</p> <p style="text-align: center;">½ on to stand</p> <p style="text-align: center;">Or</p> <p style="text-align: center;">DV 3.00</p>	<p>A Gymnast should fulfil 3 of the 5 CR's (Maximum awarded 1.5):</p> <ul style="list-style-type: none"> ▪ Upstart (no penalty if stop after) ▪ Close bar circle element (back hip circle allowed) ▪ Cast to minimum horizontal ▪ Any bar change LB – HB ▪ A dismount coded or listed uncoded <p>A/ B elements only allowed C/D or more – no DV</p> <p style="text-align: center;">Maximum D Score 2.50</p>	<p>A Gymnast should fulfil 4 of the 5 CR's (Maximum awarded 2.00):</p> <ul style="list-style-type: none"> ▪ ½ spin on one foot ▪ Connection 2 different Dance elements ▪ Leap or jump with 180° split (cross or side) or straddle ▪ Acro element backwards (must be performed on the beam) ▪ Acro element forwards / sideways (must be performed on the beam) <p>A/ B elements only allowed C/D or more – no DV Maximum D Score 3.00</p>	<p>A Gymnast should fulfil 4 of the 5 CR's (Maximum awarded 2.00):</p> <ul style="list-style-type: none"> ▪ Acro line with min 2 elements (non-flighted allowed) ▪ Mixed series minimum 2 directly connected elements ▪ A dance passage of 2 different leaps / hops – No split required ▪ Acro elements forwards / sideways & backwards (non-flighted allowed) ▪ Flighted Acro element <p>A/ B elements only allowed C/D or more – no DV Maximum D Score 3.00</p>																								
Uncoded Permitted Elements (receive 0.1 DV)	<p style="text-align: center;">Yurchenko prep to stand Both onto Pile of Safety Mattresses at a choice of 60cm, 90cm or 120cm to suit the gymnast.</p> <p>2.00 penalty for coach support. Applies to each vault.</p> <p>Best score of 2 performed vaults. (No deduction if only 1 vault performed)</p>	<p>Squat onto low bar (There will be no penalty for performing a jump from LB to HB) ¾ Giant from LB to HB Straddle or pike on undershoot dismount Chin up circle over mount Cast to within 45° handstand Float swing (from board, back to board) Cast Straddle, pike dismount from LB or HB Squat on LB jump forwards to land as dismount</p>	<table style="width: 100%; border: none;"> <tr> <td style="width: 50%; border: none;">Tuck jump</td> <td style="width: 50%; border: none;">Forward roll</td> </tr> <tr> <td style="border: none;">Stretched or arched jump</td> <td style="border: none;">Backward roll</td> </tr> <tr> <td style="border: none;">Stretched jump ½</td> <td style="border: none;">Cartwheel rebounding straight jump dismount</td> </tr> <tr> <td style="border: none;">Changement</td> <td style="border: none;">Roundoff Dismount</td> </tr> <tr> <td style="border: none;">½ spin on one foot</td> <td style="border: none;">Handspring dismount</td> </tr> <tr> <td style="border: none;"></td> <td style="border: none;">Cartwheel to handstand drop down dismount (side of beam)</td> </tr> </table>	Tuck jump	Forward roll	Stretched or arched jump	Backward roll	Stretched jump ½	Cartwheel rebounding straight jump dismount	Changement	Roundoff Dismount	½ spin on one foot	Handspring dismount		Cartwheel to handstand drop down dismount (side of beam)	<table style="width: 100%; border: none;"> <tr> <td style="width: 50%; border: none;">Cat leap ½</td> <td style="width: 50%; border: none;">Backward walkover</td> </tr> <tr> <td style="border: none;">Scissor kick</td> <td style="border: none;">Forward walkover</td> </tr> <tr> <td style="border: none;">Tuck jump</td> <td style="border: none;">Tic-toc</td> </tr> <tr> <td style="border: none;">Changement</td> <td style="border: none;">Backward roll to front support and / or handstand</td> </tr> <tr> <td style="border: none;">Stag leap</td> <td style="border: none;">Backward roll with optional exit</td> </tr> <tr> <td style="border: none;"></td> <td style="border: none;">Cartwheel</td> </tr> </table>	Cat leap ½	Backward walkover	Scissor kick	Forward walkover	Tuck jump	Tic-toc	Changement	Backward roll to front support and / or handstand	Stag leap	Backward roll with optional exit		Cartwheel
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Notes	<p>No other vaults are permitted at this level.</p>	<p>See clarifications. If using both bars, the coach must stand between the bars.</p>	<p>Any mount may be used Coaches are encouraged to be present for all dismounts, but must be present for any salto dismount</p>	<p>No Acro line required</p>																								
GBR Bonus (in addition to FIG) Only awarded if performed without a fall		<p>0.3 – Upstart performed without a stop (awarded once) 0.3 – Cast above 45° 0.3 – Using both bars 0.1 – Stuck dismount</p>	<p>0.2 – Connection 2 different dance elements one with 180° split leap or jump</p>	<p>0.1 – Dance passage with 180° split 0.2 – Acro line minimum 2 connected flighted elements 0.2 each – Salto backwards & forwards</p>																								

Additional Clarifications for Zinc Level

Element recognition and deductions are as per FIG CoP unless the rules specifically state otherwise.

An element can be utilised to fulfil more than one CR (unless otherwise stated).

Listed uncoded elements can be used for DV, CR & Bonus and will be recognised with the same value as 'A' elements.

Maximum Bonus (including any FIG bonus) 1.00. Bonus can only be awarded if performed without a fall.

Maximum D score includes any bonus awarded.

Vault:

- Only the specified vaults may be performed.
- 1 springboard only allowed
- Additional modified 4 & 5 coil springboards will be available

Bars:

- Deductions as per FIG unless stated otherwise
- **4 elements only are required**
- **A routine with less than 4 elements will be deducted 1.00 for each missing element**
- There is no penalty for using only the low bar and no requirement to use both bars.
- Gymnasts using only the low bar, may start their exercise between the bars and dismount away from the bars.
- If using both bars, the coach **must** stand between the bars and be present for the transition between the bars (or 1.00 penalty).
- There is no penalty for bent legs in a sole circle
- There is no penalty for performing a jump from LB to HB either from a sole circle or from a squat / stoop / straddle on
- A safety mat (depth 20cm), and/or a jersey style mat (depth 10cm), can be moved/placed as needed, but must not block the judges' view.

0° No cast deduction	Handstand (0°) to 90° No cast deduction With value (D panel)
90° 0.10 No value	Below 90° 0.10 deduction No value (D panel)

Beam:

- 6 elements only are required – 1.00 penalty for each missing element
- A backward roll on one shoulder will class as a backwards element at this level.
- A jersey style mat (depth 10cm) is allowed for dismounts (optional).
- A forward roll will count as a forwards element for CR.
- **Coaches must be present for any salto dismount (or 1.00 penalty).**

Floor:

- 6 elements only are required – 1.00 penalty for each missing element
- **An acro element may be repeated without DV for purposes of fulfilling a mixed series**
- Bonus for backward salto can only be awarded if performed within an acro line and without a fall. **The front salto can be performed in or out of an acro line for bonus.**

WAG CLASSIC CHALLENGE CHAMPIONSHIPS 2023

COPPER – 9+ Years (County / Regional Competition only)

<p>Uncoded = 0.10 A = 0.10 B = 0.20 Moves of higher value are not permitted* *See specific bars clarification</p>	<p>Elements will be given Difficulty Value according to Rules & Regulations FIG Cycle 15 Code of Points [2022] Rules and Regulations are as FIG Cycle 15 Code of Points, unless stated otherwise. FIG Execution and Artistry Penalties will be applied. BARS/BEAM/FLOOR – 6 highest elements including dismount BEAM/FLOOR – 2 acrobatic + 2 dance + 2 optional FLOOR - 1 acro line only required BARS/BEAM/FLOOR The dismount must be included in the counting elements A & B* moves only are allowed – elements of a higher value will have no Difficulty Value, No CR or bonus will be given if they are performed. Un-coded elements as listed below will be recognised and awarded 0.10 each unless stated otherwise Same element can only count once EXCEPT on Bars where an FIG Coded element may be repeated once for Difficulty Value IMPORTANT At all levels, coaches and gymnasts should concentrate their efforts towards the accuracy of technical execution.</p>			
Short Exercises	<p>On Beam & Floor, an exercise with 5 elements or less will be deducted 1.00 for each missing element. On Bars, an exercise with less than 5 elements will be deducted 1.00 for each missing element.</p>			
	Vault	Bars	Beam	Floor
Apparatus	<p>FIG Vault table with: A jersey style mat (depth 10cm) is allowed in addition to the standard 30cm with no deductions, and landing mats turned soft side uppermost when possible.</p>	<p>FIG Bars Regulations with: A safety mat (depth 20cm), and/or a jersey style mat (depth 10cm), can be moved/placed as needed, but must not block the judges' view. 1.00 penalty for not using both bars.</p>	<p>A FIG Beam Regulations with: A jersey style mat (depth 10cm) is allowed for dismounts (optional).</p>	<p>FIG Floor Regulations except acro lines where an acro line will be considered to be 2 x directly connected flighted elements no salto required. A routine with only 1 acro line will not incur dismount deductions.</p>
Requirements	<p>Any vault without a salto from the new vault table</p> <p>Height of vault 105, 110, 115, 120 or 125cm 1 x springboard</p> <p>Execution deductions of 0.1, 0.3, 0.5 & 0.8 for height will apply</p>	<p>A Gymnast should fulfil 4 of the 5 CR's (Maximum awarded 2.00):</p> <ul style="list-style-type: none"> ▪ FIG coded mount on LB ▪ Close bar circle element (back hip circle allowed) ▪ Any bar change LB to HB ▪ Cast to within 45° handstand ▪ A different close bar element <p>A/B elements only allowed C* or more – no DV *Any close bar that achieves handstand will only receive credit as a 'B'</p> <p style="text-align: center;">Maximum D Score 3.00</p>	<p>A Gymnast should fulfill 4 of the 5 CR's (Maximum awarded 2.00):</p> <ul style="list-style-type: none"> ▪ ½ spin immediate ½ turn or 1/1 spin ▪ Connection 2 different dance elements (no split required) ▪ Leap or jump with 180° split (cross or side) or straddle ▪ 1 x acrobatic series with 2 elements [minimum] Non flighted OK ▪ Mixed Series (Minimum 2 element – no flight required on acro element) <p>A/B elements only allowed C or more – no DV</p> <p style="text-align: center;">Maximum D Score 3.00</p>	<p>A Gymnast should fulfill 4 of the 5 CR's (Maximum awarded 2.00):</p> <ul style="list-style-type: none"> ▪ Acro line with a backward salto ▪ Forward salto (in or out of an acro line) ▪ A dance passage of 2 different leaps / hops - 1 with 180° split (cross or side) or straddle ▪ Additional leap, hop or jump ▪ Mixed series minimum 2 directly connected elements <p>A/B elements only allowed C or more – no DV</p> <p style="text-align: center;">Maximum D Score 3.00</p>
Uncoded (U) Permitted Elements (receive 0.1 DV)		<p>Squat onto low bar (There will be no penalty for performing a jump from LB to HB) ¾ Giant from LB to HB Straddle or pike on undershoot dismount Chin up circle over mount Cast to within 45° handstand</p>	<p>Tuck jump Stretched or arched jump & Stretched jump ½ Changement Forward roll Backward roll ½ spin immediate ½ turn Cartwheel rebounding straight jump dismount</p>	<p>Backward walkover Forward walkover Tic-toc Backward roll to front support and / or handstand Cartwheel</p>
Notes	<p>Best score of 2 performed vaults. (No deduction if only 1 vault performed)</p>	<p>The sole circle (5.108) may be performed with bent legs without incurring execution penalty)</p>	<p>Any mount may be used Coaches are encouraged to be present for dismounts</p>	
GBR Bonus (in addition to FIG)		<p>0.3 – 2 x upstarts 0.3 – Close bar Value B</p>	<p>0.2 – Acro series with minimum 1 flighted element</p>	<p>0.1 – Straight salto forwards or backwards 0.2 – A routine with 2 FIG Acro lines 0.2 – An acro line with a ½ or 1/1 twist backwards</p>

Additional Clarifications for Copper Level

Element recognition and deductions are as per FIG CoP unless the rules specifically state otherwise.

An element can be utilised to fulfil more than one CR (unless otherwise stated).

Listed uncoded elements can be used for DV, CR & Bonus and will be recognised with the same value as 'A' elements.

Maximum Bonus (including any FIG bonus) 1.00. Bonus can only be awarded if performed without a fall.

Maximum D score includes any bonus awarded.

Vault:

- 2 different vaults may be performed
- Additional modified 4 & 5 coil springboards will be available

Bars:

- Deductions as per FIG unless stated otherwise
- 5 elements only are required
- A routine with less than 5 elements will be deducted 1.00 for each missing element
- The coach is encouraged to stand between the bars and be present for the transition between the bars without deduction.
- An additional 20cm mat can be placed underneath through-out the bars without deduction.
- A safety mat (depth 20cm), and/or a jersey style mat (depth 10cm), can be moved/placed as needed, but must not block the judges' view.

	Handstand / Close bar (0°) to 45°	No deduction
	>45° to 90° Handstand Close Bar	0.10 deduction No Value (D Panel) D Panel still recognise
	Below 90° Handstand Close Bar	0.30 deduction No value (D panel) D Panel still recognise

Beam:

- 6 elements only are required - 1.00 penalty for each missing element
- Forward and backward rolls can be used as DV, CR & bonus unless the backward roll goes over one shoulder and therefore will not class as a backwards element at this level and not receive no value, CR or bonus.
- A jersey style mat (depth 10cm) is allowed for dismounts (optional).

Floor:

- 6 elements only are required - 1.00 penalty for each missing element
- An acro element may be repeated without DV for purposes of fulfilling a mixed series
- A routine with only 1 acro line will not incur dismount deductions.
- A routine with no acro lines will incur a 1.00 penalty.

WAG CLASSIC CHALLENGE CHAMPIONSHIPS 2023

BG WTC
Updated 02/05/2023

BRONZE – 10 years+

Uncoded = 0.10 A = 0.10 B = 0.20 C = 0.30 D = 0.40* *No D saltos permitted on floor	Elements will be given Difficulty Value according to Rules & Regulations FIG Cycle 15 Code of Points [2022] Rules and Regulations are as FIG Cycle 15 Code of Points, unless stated otherwise. FIG Execution and Artistry Penalties will be applied. BARS/BEAM/FLOOR – 8 highest elements including dismount BEAM/FLOOR – 3 acrobatic + 3 dance + 2 optional BARS/BEAM/FLOOR The dismount must be included in the counting elements Un-coded elements as listed below will be recognised and awarded 0.10 each unless stated otherwise Same element can only count once EXCEPT on Bars where an FIG Coded element may be repeated once for Difficulty Value IMPORTANT At all levels, coaches and gymnasts should concentrate their efforts towards the accuracy of technical execution.			
Short Exercises	On Beam & Floor, an exercise with 6 elements or less will be deducted 1.00 for each missing element. On Bars, an exercise with less than 5 elements will be deducted 1.00 for each missing element.			
	Vault	Bars	Beam	Floor
Apparatus	FIG Vault table with: A jersey style mat (depth 10cm) is allowed in addition to the standard 30cm with no deductions, and landing mats turned soft side uppermost when possible.	FIG Bars Regulations with: A safety mat (depth 20cm) or a jersey style mat (depth 10cm), can be moved/placed as needed, but must not block the judges' view.	A FIG Beam Regulations with: A mat (depth 10cm) is allowed for dismounts (optional).	FIG Floor Regulations apply
Requirements	<p style="text-align: center;">Any vault from the new vault table</p> <p style="text-align: center;">Height of vault 115, 120 or 125cm 1 x springboard</p> <p style="text-align: center;">Execution deductions of 0.1, 0.3, 0.5 & 0.8 for height will apply</p>	<p style="text-align: center;"><i>A Gymnast should fulfil 4 of the 5 CR's (Maximum awarded 2.00):</i></p> <ul style="list-style-type: none"> ▪ Close bar circle element ▪ A different close bar element min B ▪ An element LB to HB (uncoded OK) ▪ A giant circle in any direction ▪ An element with min 180° turn including mount & dismount <p style="text-align: center;">Dismount must be included in counting elements Maximum D Score 4.00</p>	<p style="text-align: center;"><i>A Gymnast should fulfil 4 of the 5 CR's (Maximum awarded 2.00):</i></p> <ul style="list-style-type: none"> ▪ Turn (Grp 3) or Roll / Flairs ▪ Connection of minimum 2 different Dance elements to include one Leap or jump with 180° split (cross or side) or straddle ▪ 1 x acrobatic series with 2 min elements at least one with flight ▪ Mixed Series (Minimum 2 elements 1 must be minimum 'B' – no flight required on acro element) may include mount ▪ Dismount min B or an A salto directly connected to an acro skill <p style="text-align: center;">Maximum D Score 4.00</p>	<p style="text-align: center;"><i>A Gymnast should fulfil 4 of the 5 CR's (Maximum awarded 2.00):</i></p> <ul style="list-style-type: none"> ▪ Acro line with min 2 saltos ▪ A dance passage of 2 different leaps / hops – 1 with 180° split (cross or side) or straddle ▪ Mixed series minimum 3 directly connected elements (acro/dance/acro or dance/acro/dance) ▪ Saltos in different directions (no aerials). Acro line not necessary, no stationary skills. ▪ Salto with LA Turn (min 180) (must be in acro line) <p style="text-align: center;">Maximum D Score 4.00</p>
Uncoded (U) Permitted Elements (receive 0.1 DV)		Squat onto low bar (<i>There will be no penalty for performing a jump from LB to HB</i>) ¾ Giant from LB to HB	Tuck jump Changement	
Barred Elements		No flight elements on the same bar or from HB to LB are permitted No C/D dismounts are permitted.	All elements above a D No C/D dismounts are permitted.	D+ saltos are not permitted
Notes	Best score of 2 performed vaults. (No deduction if only 1 vault performed)	The sole circle (5.108) may be performed with bent legs without incurring execution penalty) Stopping to adjust handguards on the bar – penalty 0.50 (intermediate swing)		Minimum 2 acro lines must be performed. Penalty 1.00 if less than 2 acro lines are performed. Any travelling isolated salto may be performed at any point in the routine and be credited.
GBR Bonus (in addition to FIG)		0.2 – Flighted element LB to HB 0.1 – 2 x Close bar in routine to minimum 45° from handstand 0.1 – 'B' value Dismount 0.1 – 'Back away (any shape)	0.1 – Dance series B+B or more (elements must be different) 0.1 – Spin C value or more 0.1 – Mixed series BBA (each element must be different) 0.2 – Salto / aerial connected to a flighted or non-flighted acro element 0.1 – Dismount A from acro flight OR 0.2 – Dismount B value or more from acro flight	0.1 – 2 different directly connected saltos 0.1 – B spin or more (any position) 0.2 – C salto - acro line not necessary 0.2 – Minimum 3 leaps or jumps 'B' or more throughout routine 0.2 – Dismount (last acro line) B or more

Clarifications for Bronze Level

Element recognition and deductions are as per FIG CoP unless the rules specifically state otherwise.

An element can be utilised to fulfil more than one CR (unless otherwise stated).

Listed uncoded elements can be used for DV, CR & Bonus and will be recognised with the same value as 'A' elements.

Maximum Bonus (including any FIG bonus) 1.00. Bonus can only be awarded if performed without a fall.

Maximum D score includes any bonus awarded.

Vault:

- Additional modified 4 & 5 coil springboards will be available

Bars:

- A minimum of 5 and a maximum of 8 elements only are required
- A routine with less than 5 elements will be deducted 1.00 for each missing element
- A safety mat (depth 20cm), and/or a jersey style mat (depth 10cm), can be moved/placed as needed, but must not block the judges' view.
- A sole circle can count as CR1
- No flight elements on the same bar or from HB to LB are permitted
- **No C/D dismounts are permitted. If performed no DV, CV, CR can be awarded.**

Beam:

- 8 elements are required – 3 dance, 3 acro and 2 optional
- Short exercise penalties - A routine with 6 elements or less will be deducted 1.00 penalty for each missing element
- **CR 2 & 3** must be performed on the beam, **CR 1 & 4** can include mount and / or on the beam
- A jersey style mat (depth 10cm) is allowed for dismounts (optional).
- **No C/D dismounts are permitted. If performed no DV, CV, CR can be awarded.**

Floor:

- 8 elements are required – 3 dance, 3 acro and 2 optional
- Short exercise penalties - A routine with 6 elements or less will be deducted 1.00 penalty for each missing element
- Minimum 2 acro lines to be performed (penalty 1.00 for each missing acro line)
- No D+ saltos are permitted on floor. If performed no DV, CV, CR can be awarded.
- An acro element may be repeated without DV for purposes of fulfilling a mixed series

WAG CLASSIC CHALLENGE CHAMPIONSHIPS 2023

BG WTC
Updated 02/05/2023

SILVER – 12 years+

Uncoded = 0.10 A = 0.10 B = 0.20 C = 0.30 D = 0.40 E = 0.50 F, G, H = 0.50	Elements will be given Difficulty Value according to Rules & Regulations FIG Cycle 15 Code of Points [2022] Rules and Regulations are as FIG Cycle 15 Code of Points, unless stated otherwise. FIG Execution and Artistry Penalties will be applied. BARS/BEAM/FLOOR – 8 highest elements including dismount BEAM/FLOOR – 3 acrobatic + 3 dance + 2 optional BARS/BEAM/FLOOR The dismount must be included in the counting elements Un-coded elements as listed below will be recognised and awarded 0.10 each unless stated otherwise Same element can only count once EXCEPT on Bars where an FIG Coded element may be repeated once for Difficulty Value IMPORTANT At all levels, coaches and gymnasts should concentrate their efforts towards the accuracy of technical execution.			
Short Exercises	On Beam & Floor, an exercise with 6 elements or less will be deducted 1.00 for each missing element. On Bars, an exercise with less than 5 elements will be deducted 1.00 for each missing element.			
	Vault	Bars	Beam	Floor
Apparatus	FIG Vault table with: landing mats turned soft side uppermost when possible.	FIG Bars Regulations with: A safety mat (depth 20cm) or a jersey style mat (depth 10cm), can be moved/placed as needed, but must not block the judges' view.	A FIG Beam Regulations with: A mat (depth 10cm) is allowed for dismounts (optional).	FIG Floor Regulations with: for D+ Saltos, a mat (depth 10cm) is allowed, no restrictions or deductions. The mat must be removed once no longer needed.
Requirements	Any vault from the new vault table Height of vault 120 or 125cm 1 x springboard Execution deductions of 0.1, 0.3, 0.5 & 0.8 for height will apply	A Gymnast should fulfil 4 of the 5 CR's (Maximum awarded 2.00): <ul style="list-style-type: none"> ▪ Close bar circle element min B ▪ A flighted element LB to HB ▪ A giant circle in any direction ▪ A cast / circle element with min 180° turn ▪ A salto dismount Dismount must be included in counting elements Maximum D Score 4.50	A Gymnast should fulfil 4 of the 5 CR's (Maximum awarded 2.00): <ul style="list-style-type: none"> ▪ Turn (Grp 3) or Roll / Flairs ▪ Salto or aerial skill ▪ Connection of minimum 2 different Dance elements to include one Leap or jump with 180° split (cross or side) or straddle ▪ 1 x acrobatic series with min 2 flighted elements or one salto connected to another acro element (flight not necessary) ▪ Mixed Series (Minimum 2 elements 1 must be minimum 'B' – acro element must be flighted) may include mount Maximum D Score 4.50	A Gymnast should fulfil 4 of the 5 CR's (Maximum awarded 2.00): <ul style="list-style-type: none"> ▪ Acro line with min 2 different saltos ▪ A dance passage of 2 different leaps / hops – 1 with 180° split (cross or side) or straddle ▪ Mixed series minimum 3 directly connected elements (acro/dance/acro or dance/acro/dance) ▪ Saltos in different directions (no aerials). Acro line not necessary, no stationary skills. ▪ Salto with LA Turn (min 360) (acro line not necessary) Maximum D Score 4.50
Uncoded (U) Permitted Elements (receive 0.1 DV)		Squat onto low bar (There will be no penalty for performing a jump from LB to HB)		
Notes	Best score of 2 performed vaults. (No deduction if only 1 vault performed)	The sole circle (5.108) may be performed with bent legs without incurring execution penalty)		Minimum 2 acro lines must be performed. Penalty 1.00 if less than 2 acro lines are performed. Any travelling isolated salto may be performed at any point in the routine and be credited.
GBR Bonus (in addition to FIG)		0.1 – C + C or more (elements may be the same or different) 0.2 – Any close bar with minimum 180° turn 0.1 – A 'B' value dismount	0.1 – Dance series C+C or more (elements must be different) 0.1 – Spin C value or more 0.1 – Mixed series minimum BBB (each element must be different) 0.2 – 2 or more different salto / aerial in routine (can include mount) 0.2 – Dismount C value or more	0.1 – C spin or more (any position) 0.2 – Minimum 3 dance elements 'C' or more throughout routine 0.2 – Dismount (last acro line) C or more

Clarifications for Silver Level

Element recognition and deductions are as per FIG CoP unless the rules specifically state otherwise.

An element can be utilised to fulfil more than one CR (unless otherwise stated).

Listed uncoded elements can be used for DV, CR & Bonus and will be recognised with the same value as 'A' elements.

Maximum Bonus (including any FIG bonus) 1.00. Bonus can only be awarded if performed without a fall.

Maximum D score includes any bonus awarded.

Vault:

- Additional modified 4 & 5 coil springboards will be available

Bars:

- Short exercise penalties - A routine with less than 5 elements will be deducted 1.00 penalty for each missing element
- A safety mat (depth 20cm), and/or a jersey style mat (depth 10cm), can be moved/placed as needed, but must not block the judges' view.

Beam:

- Short exercise penalties - A routine with 6 elements or less will be deducted 1.00 penalty for each missing element
- **CR 2 & 3** must be performed on the beam, **CR 1 & 4** can include mount and / or on the beam
- A jersey style mat (depth 10cm) is allowed for dismounts (optional).

Floor:

- Short exercise penalties - A routine with 6 elements or less will be deducted 1.00 penalty for each missing element
- Minimum 2 acro lines to be performed (penalty 1.00)
- For D+ Saltos, a jersey mat (depth 10cm) is allowed, no restrictions or deductions (2 jersey mats available, & can be moved). The mat(s) must be removed once no longer needed.
- An acro element may be repeated without DV for purposes of fulfilling a mixed series

WAG CLASSIC CHALLENGE CHAMPIONSHIPS 2023

BG WTC
Updated 02/05/2023

GOLD – 14 years+

Uncoded = 0.10 A = 0.10 B = 0.20 C = 0.30 D = 0.40 E = 0.50 F, G, H = 0.50	Elements will be given Difficulty Value according to Rules & Regulations FIG Cycle 15 Code of Points [2022] Rules and Regulations are as FIG Cycle 15 Code of Points, unless stated otherwise. FIG Execution and Artistry Penalties will be applied. BARS/BEAM/FLOOR – 8 highest elements including dismount BEAM/FLOOR – 3 acrobatic + 3 dance + 2 optional BARS/BEAM/FLOOR The dismount must be included in the counting elements Un-coded elements as listed below will be recognised and awarded 0.10 each unless stated otherwise Same element can only count once EXCEPT on Bars where an FIG Coded element may be repeated once for Difficulty Value IMPORTANT At all levels, coaches and gymnasts should concentrate their efforts towards the accuracy of technical execution.			
Short Exercises	On Beam & Floor, an exercise with 6 elements or less will be deducted 1.00 for each missing element. On Bars, an exercise with less than 5 elements will be deducted 1.00 for each missing element.			
	Vault	Bars	Beam	Floor
Apparatus	FIG Vault table with: A jersey style mat (depth 10cm) is allowed in addition to the standard 30cm with no deductions, and landing mats turned soft side uppermost when possible.	FIG Bars Regulations with: A safety mat (depth 20cm), or a jersey style mat (depth 10cm), can be moved/placed as needed, but must not block the judges' view.	A FIG Beam Regulations with: A mat (depth 10cm) is allowed for dismounts (optional).	FIG Floor Regulations with: for D+ Saltos, a mat (depth 10cm) is allowed, no restrictions or deductions. The mat(s) must be removed once no longer needed.
Requirements	Any vault from the new vault table Height of vault 125cm 1 x springboard Execution deductions of 0.1, 0.3, 0.5 & 0.8 for height will apply	A Gymnast should fulfil 4 of the 5 CR's (Maximum awarded 2.00): <ul style="list-style-type: none"> ▪ Close bar circle element min C ▪ An element in a different grip ▪ A flighted element LB to HB ▪ A flighted element from HB to LB ▪ A cast / circle element with min 180° turn Dismount must be included in counting elements	A Gymnast should fulfil 4 of the 5 CR's (Maximum awarded 2.00): <ul style="list-style-type: none"> ▪ Turn (Grp 3) or Roll / Flairs ▪ Connection of minimum 2 different Dance elements to include one Leap or jump with 180° split (cross or side) or straddle ▪ 1 x acrobatic series with min 2 elements one must be a salto / aerial connected to a flighted or non-flighted acro element ▪ Mixed Series (Minimum 2 elements B+B or an 'A' dance element connected to a salto / aerial) may include mount ▪ Acro elements in different directions [fwd/swd & bwd] 	A Gymnast should fulfil 4 of the 5 CR's (Maximum awarded 2.00): <ul style="list-style-type: none"> ▪ Acro line with min 2 different saltos ▪ A dance passage of 2 different leaps / hops – 1 with 180° split (cross or side) or straddle ▪ Mixed series minimum 3 directly connected elements (acro/dance/acro or dance/acro/dance) ▪ Saltos in different directions (no aerials). Acro line not necessary, no stationary skills. ▪ Salto with LA Turn (min 540°) (acro line not necessary)
Uncoded (U) Permitted Elements (receive 0.1 DV)		Squat onto low bar (There will be no penalty for performing a jump from LB to HB)		
Notes	Best score of 2 performed vaults. (No deduction if only 1 vault performed)	Upstart (kip) after "Shaposhnikova" type elements – no penalty		Minimum 2 acro lines must be performed. Penalty 1.00 if less than 2 acro lines are performed. Any travelling isolated salto may be performed at any point in the routine and be credited.
GBR Bonus (in addition to FIG)		0.1 – C + C or more (elements may be the same or different) 0.2 – Any close bar with minimum 180° turn 0.1 – Any cast / circle with minimum 180° turn connected to dismount 0.1 – Double BA salto (any shape - inc. open tuck) 0.1 – A 'C' value dismount	0.1 – Dance series C+C or more (elements must be different) 0.1 – Mixed series D+A or more 0.1 – Spin C value or more 0.2 – Acro series flight + salto 0.1 – Dismount C value or more	0.1 – 2 different directly connected saltos – minimum 1 x C 0.2 – Double (BA) salto, in an acro line 0.2 – Minimum 3 dance elements 'C' or more throughout routine 0.1 – Dismount (last acro line) C or more

Clarifications for Gold Level

Element recognition and deductions are as per FIG CoP unless the rules specifically state otherwise.

An element can be utilised to fulfil more than one CR (unless otherwise stated).

There is no maximum D score.

Vault:

- Additional modified 4 & 5 coil springboards will be available

Bars:

- Short exercise penalties - A routine with less than 5 elements will be deducted 1.00 penalty for each missing element
- A safety mat (depth 20cm) or a jersey style mat (depth 10cm), can be moved/placed as needed, but must not block the judges' view.

Beam:

- Short exercise penalties - A routine with 6 elements or less will be deducted 1.00 penalty for each missing element
- CR 2 & 3 must be performed on the beam, CR 1 & 4 can include mount and / or on the beam
- A jersey style mat (depth 10cm) is allowed for dismounts (optional).

Floor:

- Short exercise penalties - A routine with 6 elements or less will be deducted 1.00 penalty for each missing element
- Minimum 2 acro lines to be performed (penalty 1.00)
- For D+ Saltos, a mat (depth 10cm) is allowed, no restrictions or deductions. The mat(s) must be removed once no longer needed.
- An acro element may be repeated without DV for purposes of fulfilling a mixed series

Classic Challenge Championships

GROUP I	
HANDSPRING / YAMASHITA	
with or without LA turn	
(no salto in second flight)	

	D Score
1.10 Handspring	1.60
1.01 Handspring with ¼	2.00
1.10 Yamashita	2.00
1.11 Yamashita with ¼	2.40
1.20 ¼ - ¼ turn on & repulsion off	1.60
1.21 ¼ on ¼ off or ¼ on ¾ off	2.40
1.22 ¼ on 1/1 or ¼ on 1¼ off	2.60
1.23 ¼ on 1½ or ¼ on 1¾ off	3.20
1.24 ¼ on 2/1 off or ¼ on 2¾ off	3.60
1.02 Handspring with 1/1 turn	2.60
1.03 Handspring with 1½ turns	3.20
1.12 Yamashita with 1/1 turn	2.80
1.04 Handspring with 2/1	3.60
1.05 Handspring with 2¾	4.00
1.30 H/Y 1/1 on H/Y off	3.20
1.301 H/Y 1/1 on H/Y ½ off	3.40
1.31 H/Y 1/1 on H/Y 1/1 off	3.60
1.311 H/Y 1/1 on 1½ off	4.00

GROUP II	
HANDSPRING	
with or without LA turn and	
SALTO FORWARD/BACKWARD	

	D Score
2.10 Handspring FWD Salto Tuck	3.60
2.11 Handspring FWD Salto Tuck ¼	3.80
2.11 Handspring ¼ BWD Salto Tuck (Cuervo Tuck)	3.80
2.20 Handspring FWD Salto Pike	3.80
2.21 Handspring FWD Salto Pike ¼	4.00
2.21 Handspring ¼ BWD Salto Pike (Cuervo Pike)	4.00

All FIG deductions apply
but for Height take 0.10, 0.30, 0.50 or 0.80
to create a greater spread between the majority of vaults performed

GROUP III	
TSUKAHARA or KASAMATSU	
SALTO with or without turn	
<i>All Group 3 Vaults - allow a 90° to 180° LA turn in first flight</i>	

	D Score
3.10 Tsukahara Tuck	3.20
3.20 Tsukahara Pike	3.40
3.11 Tsukahara Tuck ¼	3.40
3.12 Tsukahara Tuck 1/1 (Kasamatsu Tucked)	3.80
3.30 Tsukahara Straight	3.80
3.31 Tsukahara Straight ¼	4.00
3.32 Tsukahara Straight with 1/1 (Kasamatsu)	4.40

GROUP IV	
YURCHENKO: R/O Flic on with/without	
SALTO BWD with/without LA turn	
or R/O Flic on LA turn & SALTO FWD	
with or without LA turn	

	D Score
1.40 RO, Flic with Repulsion	2.00
1.401 RO, Flic with Repulsion ¼	2.20
1.402 RO, Flic with Repulsion 1/1	2.50
1.403 RO, Flic with Repulsion 1½	2.70
4.10 RO, Flic Salto Tuck	3.00
4.11 RO, Flic Salto Tuck ¼	3.20
4.12 RO, Flic Salto Tuck 1/1	3.60
4.205 RO, Flic Salto Pike	3.20
4.30 RO, Flic Salto Straight	3.60
4.31 RO, Flic Straight ¼	3.80
4.32 RO, Flic Straight 1/1	4.20

GROUP V	
R/O Flic with ¼ turn on, Handspring off	
with/without SALTO FWD	
with/without LA turn	

	D Score
1.50 RO, Flic w ¼ turn, Handspring off	2.20
1.51 RO, Flic w ¼ turn, Handspring ¼ off	2.60
1.52 RO, Flic w ¼ turn, Handspring 1/1	3.00
1.53 RO, Flic w ¼ turn, Handspring 1½	3.40
5.10 RO, Flic w ¼ turn, Salto Tuck	3.80
5.11 RO, Flic w ¼ turn, Salto Tuck ¼	4.00
5.20 RO, Flic w ¼ turn, Salto Pike	4.00
5.21 RO, Flic w ¼ turn, Salto Pike ¼	4.20

GROUP VI	
R/O Flic with 1/1 turn on with/without SALTO BWD	
<i>Vaults performed with 1/1 on allow for tolerance of ¼ (270°) to 1/1 (360°)</i>	

	D Score
1.60 RO, Flic w ¼ + with Repulsion	2.40
1.61 RO, Flic w ¼ + with Repulsion ¼	2.80
1.62 RO, Flic w ¼ + with Repulsion 1/1	3.20
4.40 RO, Flic w ¼ + Salto Tuck	3.60
4.50 RO, Flic w ¼ + Salto Pike	3.80
4.51 RO, Flic w ¼ + Salto Straight	4.20